

## Regret or Repentance?

Mark 6:14-29

Rich O'Toole

02/19/23

### I. The confused king. Mark 6:14-15

Repentance boils down to one thing: a \_\_\_\_\_. We agree with the Lord about our sinful behavior, we turn from our sin, and turn to the Lord instead.

- Moses, by inspiration of the Holy Spirit, promised a Prophet would come to Israel; this specific Prophet Moses spoke of was going to be the \_\_\_\_\_ who was first promised in **Genesis 3:15**.

### II. Regret. Mark 6:16-20

By placing John in jail as a just and holy man, Herod protected him from being killed. Herodias, Herod's new wife, was not as \_\_\_\_\_ as Herod - she wanted to have John the Baptist killed.

- *"John's word left him perplexed, and in anguish. Yet he found a strange pleasure in the \_\_\_\_\_ preaching of this holy man, whose stringent life gave added power to his probing word."* (Lane)

### III. Lust leads to a bad decision. Mark 6:21-23

When Herod's birthday was celebrated, Salome, the daughter of Herodias, came in before the king and his attendants and pleased them with a \_\_\_\_\_ dance. **1 John 2:16-17**

- **2 Corinthians 10:5 casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into \_\_\_\_\_ to the obedience of Christ, NKJV**

All three of these things - **the lust of the flesh, the lust of the eyes, and the pride of life** - described Herod, and negatively affected his \_\_\_\_\_ making.

### IV. Lust leads to death. Mark 6:24-29

*"She (Herodias) knew her husband and she knew the \_\_\_\_\_, and knew she could get what she wanted this way."* (Guzik) **Romans 7:8-11**

- *"The depth of distress experienced by Herod for John the Baptist is expressed graphically by being 'greatly distressed'. This is the same word used to describe Jesus' \_\_\_\_\_ in Gethsemane."* (Wessel)

### V. Practical Application.

- Regret can happen when we face \_\_\_\_\_ for our actions, and sometimes we are simply sorry when we get caught doing something wrong. **2 Corinthians 7:10**

When we repent and allow the Spirit to direct us, we will experience healing and \_\_\_\_\_ from the Lord, who longs to be in relationship with us.

## Small Group Discussion

*Looking back at your notes from this week's sermon, was there anything that particularly caught your attention, challenged or confused you?*

1. Read **Mark 6:14-15**. How did Herod hear of Jesus? Discuss the three options Herod gave to explain Jesus' identity. **Genesis 3:15, Deuteronomy 18:15, Psalm 135:13, Malachi 4:5, Mark 1:28**
2. Read **Mark 6:16-20**. What is the difference between being scared and having the "**fear of the Lord**"? Discuss the difference between Herod wanting to protect John the Baptist (**v. 20**) and Herodias wanting to kill John. What did Herod believe about John's teaching? **Proverbs 1:7, Proverbs 29:25, John 1:6, 1 John 4:18**
3. Read **Mark 6:21-23**. How can lust lead to bad decisions? How can people overcome lust? What are we as Christians instructed to do with sinful thoughts? **Genesis 39:1-12, 1 Corinthians 10:13, 2 Corinthians 10:4-5, 2 Timothy 2:22, James 4:17, 1 Peter 5:5-6, 1 John 2:16-17**
4. Read **Mark 6:24-29**. In this narrative, we see how lust led to the death of John the Baptist. What can lust in our lives kill (intimacy)? **Ephesians 5:3, Colossians 3:5, Romans 7:8-11, Hebrews 13:4**
5. Discuss the Practical Applications from this sermon. **2 Corinthians 5:17, 2 Corinthians 7:10, Romans 8:1, 1 John 3:18-21**