

How Then Shall We Walk?
Ephesians 5:15-18

Rich O'Toole

09/21/25

I. Walk this way! Ephesians 5:15

Walking **circumspectly** can mean that we are to walk with extreme _____, while inspecting our surroundings, and the term **walk** is a reference to our **relationship** with the Lord.

- Jesus did not die on the Cross so we could live out religious _____ or rituals. He died to provide a way to re-establish a relationship with fallen mankind. **Colossians 2:6-7**

To continue growing in our relationship with Christ and to shine brightly in a dark world, we must walk in the power and presence of the Holy Spirit and in the light of _____. **Psalm 119:105**

II. Seize the opportunity. Ephesians 5:16

Redeeming the time literally means to buy up something or to take advantage of the _____.

- The man in **Luke 12** was a fool, not because of his wealth, but because he lived without any thought of eternity or using his time _____ to meet the Lord. **Luke 12:16-21**

"The '**evil day**' means a **Satanic** _____." (Martyn Lloyd-Jones)

- In **Ephesians 5:16**, the exhortation is to _____ for the battle.

III. God's will. Ephesians 5:17

God's will for every believer is primarily "_____"; what He plans for us to do flows out of who He has made us to be.

1. Spending time in the Word, time _____ on it.
2. Have a vital _____ life. (authentic conversations with Him)
3. Authentic _____. (a lifestyle of thanksgiving and praise)
4. _____ our minds, will, devotion, attitudes, and rights.

IV. In Christ, be careful with what controls you. Ephesians 5:18

There is a two-fold admonition in **Ephesians 5:18**; don't be controlled by alcohol; instead, be _____ by the Holy Spirit.

- If your Christian _____ cause someone else to stumble, you are not seeking other people's well-being.

The new person in Christ is admonished to **be filled** (controlled by the Spirit), and in the original language, this verse teaches us to be _____ filled with the Holy Spirit.

- **Being filled** with the Holy Spirit is not a suggestion, but rather it is a _____. As Christ followers, we are to give control of ourselves over to the Holy Spirit.

Small Group Discussion

Looking back at your notes from this week's sermon, was there anything that particularly caught your attention, challenged, or confused you?

1. Discuss the meaning given within the sermon for the word **circumspectly**.
Colossians 2:6-7, 1 Peter 5:8, Psalm 119:105, Psalm 119:133, Proverbs 2:12-13, Isaiah 9:2
2. Read **Ephesians 5:16**. We learned that **redeeming the time** can mean to take advantage of the opportunity. *In what ways should Christ's followers take advantage of opportunities? In which way should we be careful not to take advantage and disgrace the name of Christ?*
Luke 12:16-21, Colossians 1:17, Galatians 5:13, James 2:18-26, 2 Corinthians 11:7-9, 1 Corinthians 9:10-16
3. Discuss the four ways of determining God's will mentioned in point III. of the sermon note sheet.
Ephesians 4:1-4, Ephesians 4:22-24, Romans 12:1-2
4. Discuss the word "**dissipation**" in **Ephesians 5:18**.
5. Discuss the word "**filled**" in **Ephesians 5:18**.
1 Corinthians 10:23-24, Romans 14:21, Acts 13:45
6. *When does a believer receive the Holy Spirit? Why are believers commanded to **be filled** with the Holy Spirit if they already have Him living in their hearts?*
1 Corinthians 12:13, Romans 8:9, 1 Corinthians 3:16, 1 Corinthians 6:19-20